



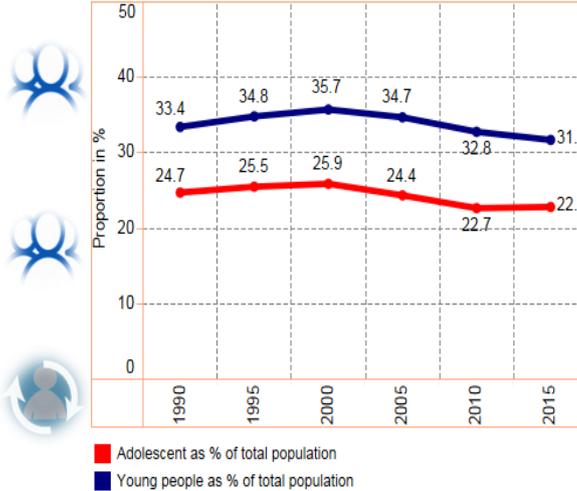
# ADOLESCENT HEALTH IN KENYA

## 2018



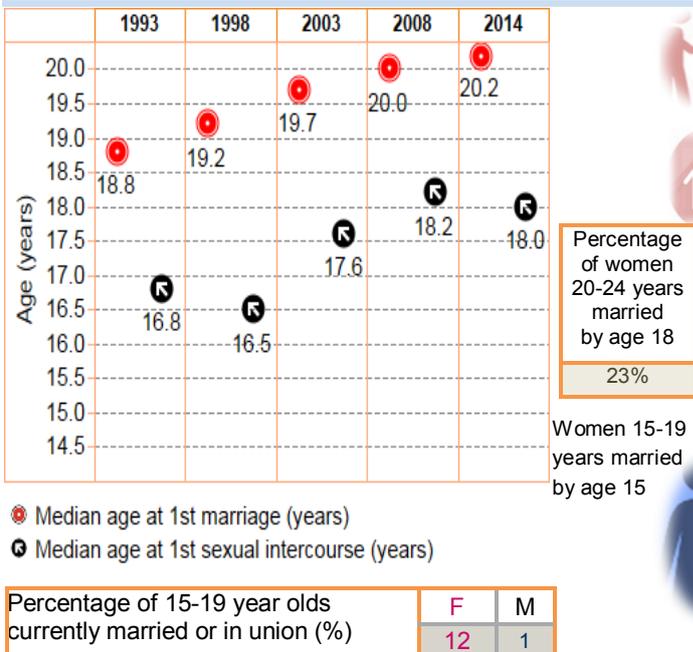
### Country profile: An adolescent is a person between 10-19 years of age

Total surface area (million square km)	0.5804
Total population (000's)	48,461
Population density (persons/ square km)	83
Urbanized population (%)	26
Adolescent population (000's)	11.1
Adolescent as % of total population	22.8
Young people (10-24 years) (000's)	14,606
Young people as % of total population	31.7
Annual average growth rate of population (%)	2.3
Crude birth rate (births/1,000 population)	31.3
Life expectancy at birth (years)	67.0
Median age in total population (years)	18.9
Birth rate per 1000 girls 15-19 years olds	96

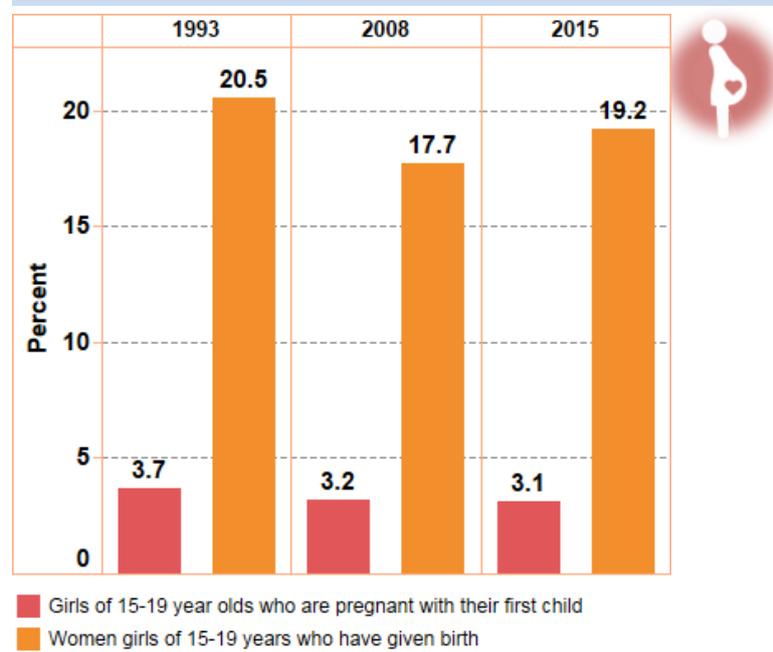


- ✓ National standards for delivery of quality health services to adolescents
- ✓ National strategies for adolescent health
- ✓ Roadmaps for accelerating HIV prevention testing, treatment and care for adolescents
- ✓ Adolescent health interventions within the HPV vaccination
- ✗ No Specific target group in national policies for injury prevention among adolescents

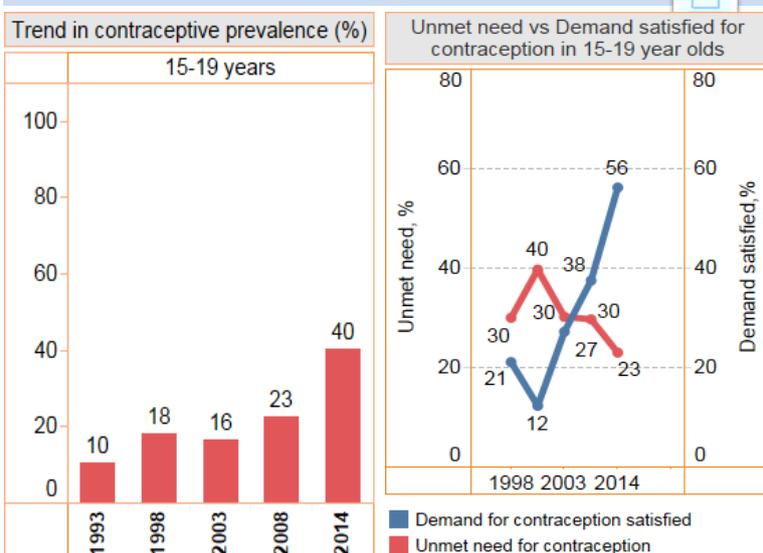
### Early marriage



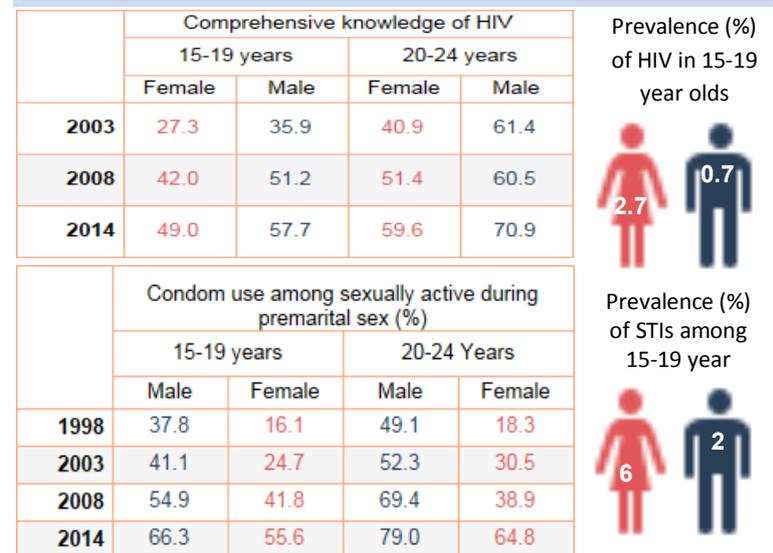
### Pregnancy



### Contraception



### HIV/STIs



Data source: 1989-2013 DHS; UNICEF-SOWC 2017; UN DESA, Population Division, WPP 2017; The joint mission from UNICEF and WHO Africa Regional Office June 2017; <http://aidsinfo.unaids.org/#>; WHO-Global health observatory 2018; The World Bank 2018; WHO Global health estimates 2015, Geneva 2016.

For further information: Child and Adolescent Health & Nutrition Programme ([afgrhrcan@who.int](mailto:afgrhrcan@who.int)) Family & Reproductive Health (FRH) cluster



# ADOLESCENT HEALTH IN KENYA 2018



## Malnutrition

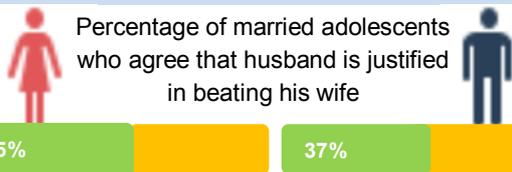
	Year	15-19 years		20-24 years	
		Female	Male	Female	Male
Prevalence (%) of chronically malnourished (thin, BMI<18.5)	1998	17.4		10.5	
	2003	20.4		9.3	
	2008	19.0		11.3	
	2014	16.6		9.6	
Prevalence (%) of overweight (BMI between 25.0-29.9)	1998	8.9		9.5	
	2003	7.5		14.6	
	2008	7.2		13.2	
	2014	10.6		18.0	

## Substance use

	Age Group	Year	Female	Male
Total alcohol consumption among 15-19 year olds (litres of pure alcohol)	15-19 years	2010	2.8	9.7
		2003	1.0	5.6
	20-24 years	2003	1.2	21.9
		2008	1.0	16.6
Prevalence cigarette or any other tobacco product use (%)	15-19 years	2008	0.4	3.0
		2014	0.2	2.2
	20-24 years	2003	1.2	21.9
		2014	1.0	12.1



## Violence



## Injuries and traffic accidents

Adolescent household members injured and unable to carry out normal daily activities of >6 months (%)	...
Adolescent household members injured or killed in accidental fall (%)	...
Adolescent household members injured or killed in road traffic accident (%)	...



	Age Group	Year	Female
% of married women who have ever experienced physical or sexual or emotional violence committed by their husband or partner	15-19 years	2008	33.6
		2014	30.7
	20-24 years	2008	40.7
		2014	41.5

## Mental health

	Female	Male
Prevalence of childhood mental illness among 15-19 year olds (%)	...	...
Felt seriously worthless/hopeless or wishes to be dead among 15-19 year olds (%)	...	...



## Immunization

Proportion of adolescent girls vaccinated for HPV to prevent cervical cancer (%)	...
--	-----



## Adolescent Mortality

...

## Socioeconomic determinants of health

	Year	Female	Male
Literacy rate among 15-19 year olds (%)	1998	22.3	16.8
	2003	28.6	25.5
Percent 15-19 year currently employed (%)	2008	19.3	59.9
	2014	18.8	34.7
Information media use at least once/week among adolescents (%)	2016	74.8	83.8
Social security health insurance among 15-19 year olds (%)	2008	0.4	0.5
	2014	5.6	7.2

## Leading causes of girls' death

Rank, cause name, number of deaths and death rate, age 10-19

Rank	Cause name	Number of deaths	Death rate/100, 000 pop
1	HIV/AIDS	1,326.07	24.1
2	Diarrhoeal diseases	1,118.84	20.3
3	Malaria	896.27	16.3
4	Lower respiratory infections	685.96	12.5
5	Maternal conditions	603.09	11.0

## Leading causes of boys' death

Rank, cause name, number of deaths and death rate, age 10-19

Rank	Cause name	Number of deaths	Death rate/100, 000 pop
1	HIV/AIDS	1,642.00	29.5
2	Diarrhoeal diseases	1,541.80	27.7
3	Road injury	772.56	13.9
4	Malaria	686.46	12.3
5	Meningitis	676.77	12.2