



Ministry of Health and Social Services
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 93			
Outbreak Name	<i>COVID-19 outbreak</i>	Country affected	<i>Namibia</i>
Date & Time of this report	<i>19.06.2020 23:30 hrs</i>	Investigation start date	<i>13 March 2020</i>
Prepared by	<i>Surveillance Team</i>		

1. SITUATION UPDATE / HIGHLIGHTS

- One new confirmed case was recorded today (19 June 2020).
- Cumulatively, **46** confirmed cases have been reported in the country.
- Of the **46** confirmed cases, nineteen **19 (41.3%)** have recovered.
- Thirty-two **32 (69.6%)** of the confirmed cases are imported while **14 (30.4%)** are local transmissions.
- No death has been recorded, case fatality rate is **0%**
- On 08 June 2020, His Excellency, The President of the Republic of Namibia announced the extension of the Stage 1 restrictions imposed on the Walvis Bay Local Authority Area to the entire Erongo region;
 - Effective from midnight 08 June 2020 until midnight 22 June 2020.
- The other regions are still under Stage 3 of national lockdown which covers a period of 28 days (01 June 2020 – 29 June 2020).

2. BACKGROUND

Description of the cases

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-years-old male and a 25-years-old female, arrived from Madrid, Spain on 11 March 2020.
- On 19 June 2020, Namibia recorded one (1) new case bringing the total number of confirmed cases to 46.
 - The case is a 31-years old Namibian female who travelled from South Africa on 17 June 2020 and was put into mandatory quarantine in Otjozondjupa Region.
- Six (6) cases were recorded on 18 June 2020 in Walvis Bay, Erongo Region.
 - Five (5) are contacts of case number 34.

3. EPIDEMIOLOGY

Since 14 March 2020, when the COVID-19 outbreak was declared in Namibia, a total of 46 cases have been confirmed. Six (6) regions have so far been affected, of which Khomas and Erongo regions recorded the highest number of cases; 18 each as per figure 1 below.

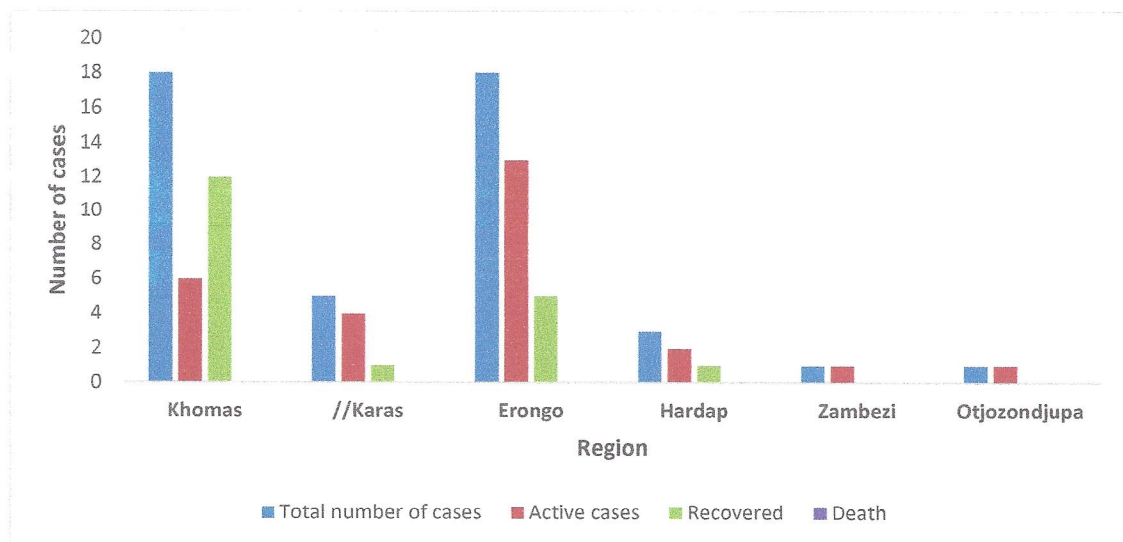


Figure 1: Distribution of Confirmed COVID-19 cases in Namibia, by region as of 19 June 2020

Namibia recorded its cases of COVID-19 during the epidemiological weeks displayed in figure 2 below:

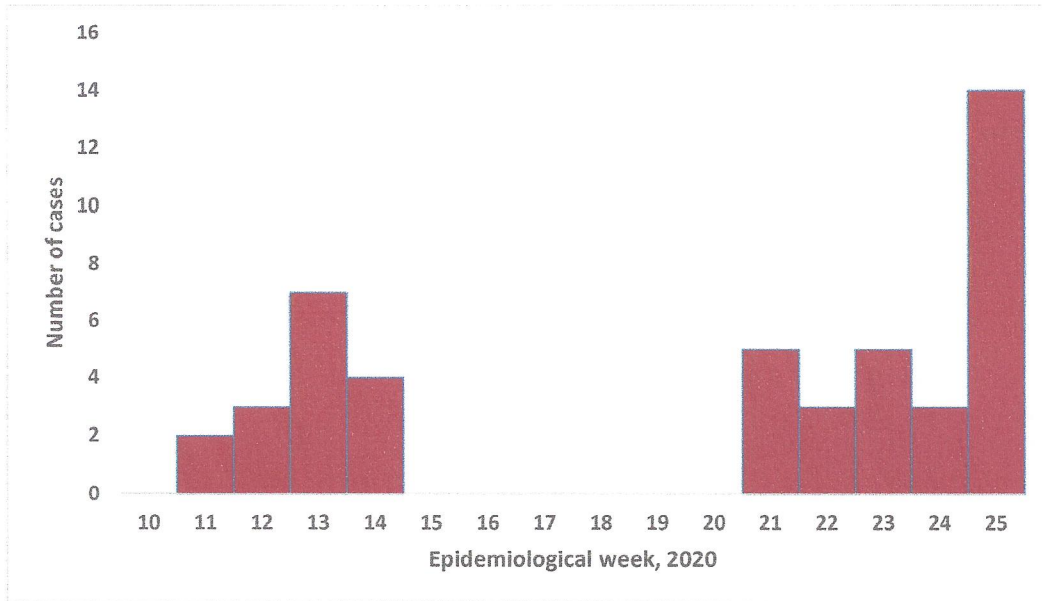


Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 19 June 2020

As presented in figure 3 below, more male cases are recorded; **28 (60.9%)** comparing to female cases; **18 (39.1%)**.

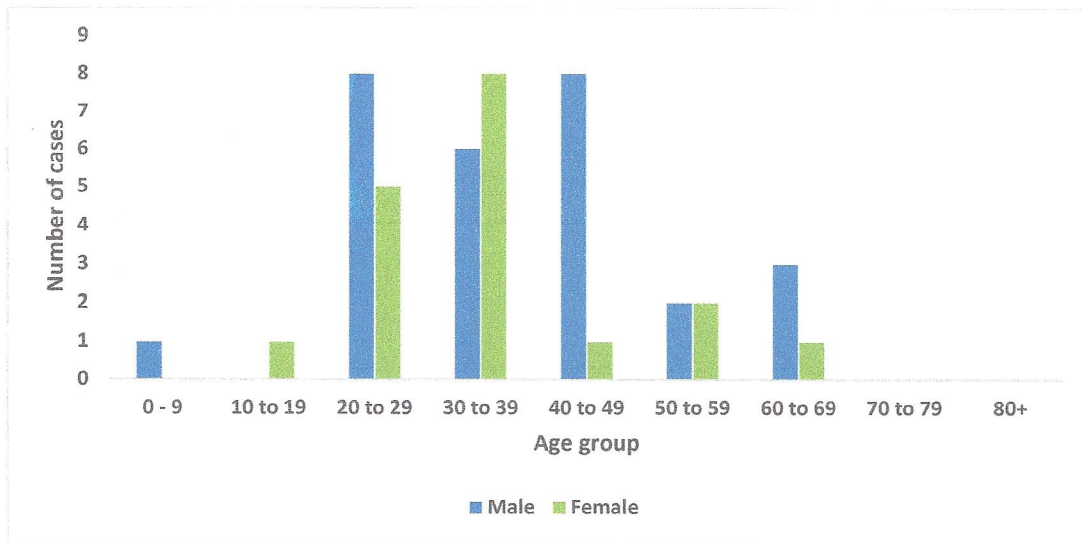


Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 19 June 2020

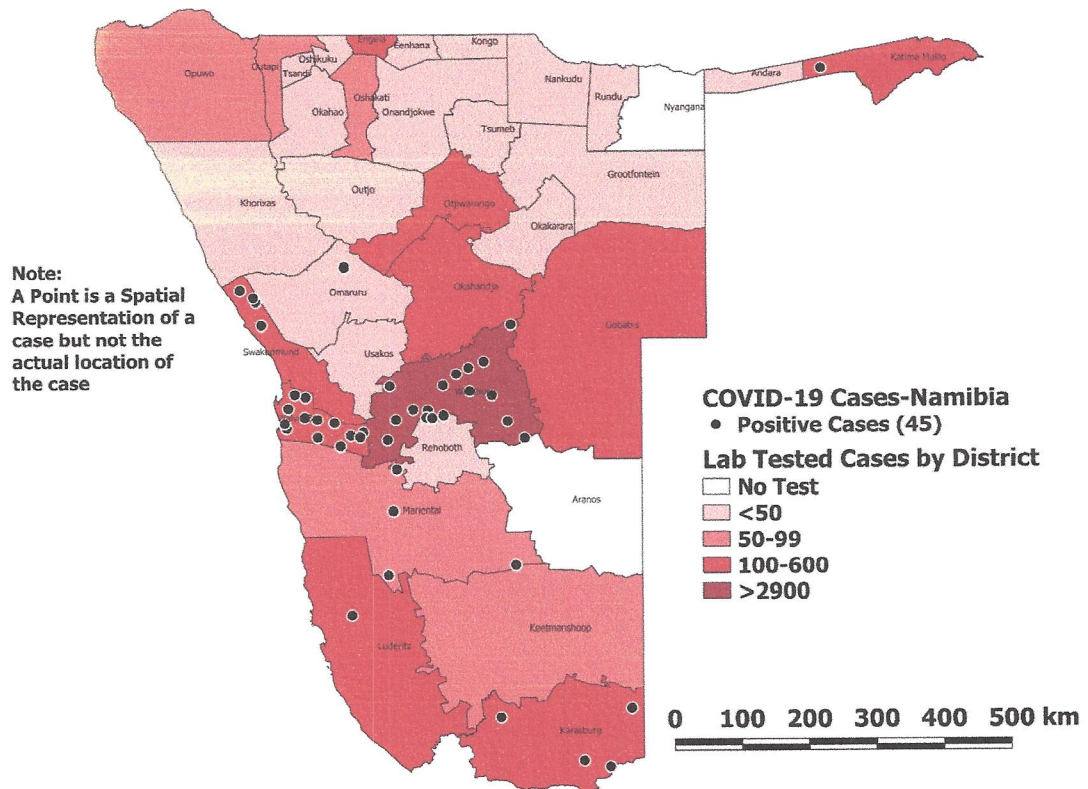


Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 19 June 2020

4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

- **Case definitions as of 20 March 2020:**

Suspected case:

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND

requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

Probable case: A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

Confirmed case: A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

- **Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- *Surveillance activities*

- Call centre continue operations for 24 hours every day; **935** calls were answered at the hotline today (19.06.2020).
- Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <http://www.mhss.gov.na/> or at <https://cutt.ly/Covid-19-situation-Namibia>
- Active case search in all regions is ongoing.
- Contact tracing and monitoring is ongoing (see **Table 1**).
- Mandatory supervised quarantine of all persons arriving from abroad is ongoing (see **Table 2**).
 - All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
 - All people in quarantine are monitored daily for 14 days and are being tested twice (upon arrival and on day 12 before release on day 15 if they test negative).
 - Stakeholders meeting with the Walvis Bay District and Correctional facility was conducted to discuss the current outbreak and recommendations on the situation at hand.

CONTACT TRACING SUMMARY

Table 1: National contacts tracing summary for COVID-19 as of 19 June 2020

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	320	168	429	917
Total Number of contacts identified (cumulative)	320	168	395	883
Total number of Contacts never reached	0	0	34	34
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	38	5	12	55
Total Number of contacts that tested positive (became cases)	10	1	0	11
Number of active contacts monitored/followed in the last 24hrs	121	52	96	269
Total number of Contacts completed 14-days follow up	176	102	282	560

As of 19 June 2020, a total of **883** contacts of confirmed cases have been identified. A total of **560** contacts have completed their 14 days of follow up, and **269** were monitored today. (Table 1).

The National and Regional team is supporting the Walvis Bay district team in reviewing recent cases and contacts to identify possible COVID-19 transmission hot spots for enhanced response:

- Kuisebmond area and prison identified as hot spots.
- Plans ongoing to test more people through targeted testing.

Table 2: Number of people in mandatory quarantine facilities as of 19 June 2020

<i>Region</i>	<i>Newly quarantined 24 hours</i>	<i>Cumulative number of people</i>	<i>Number people discharged</i>	<i>Number of people in quarantine now</i>
Kunene	0	56	53	3
Omaheke	0	98	63	35
Kavango	4	82	59	23
Omusati	3	109	91	18
Oshana	1	34	20	14
Ohangwena	8	221	167	54
Hardap	0	196	157	39
Otjozondjupa	0	370	328	42
Khomas	41	1022	780	242
Zambezi	8	389	315	74
//Kharas	7	431	332	99
Erongo	0	160	122	38
Oshikoto	0	45	42	3
Total	72	3213	2529	684

As of 19 June 2020, a total of **3213** persons who came into the country have been placed into supervised quarantine facilities around the country. Of the 3213, **2529** have been discharged and **684** are currently quarantined (Table 2).

LABORATORY INVESTIGATIONS

- As of 19 June 2020, a total of **6829** (including **680 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per Table 3 below:

Table 3: COVID-19 specimens recorded at NIP and Path care Laboratories as of 19 June 2020

Variables	Laboratory			Total
	NIP	Path care	South Africa	
Total sample received by the Laboratory	5644	1294	-	6938
Total sample tested	4898	1251	-	6149
Total sample re-tested	648	32	-	680
Total positive results	37	8	1	46
Total negative results	4861	1243	-	6104
Total sample discarded	68	8	-	76
Total pending results	30	3	-	33
Total new suspected cases in last 24 hours	127	3	-	130

COUNTRY COORDINATION, PLANNING AND MONITORING

- Provision of support to the Walvis Bay and Swakopmund districts from the National and Erongo Regional team to structure the response through utilization of the Incident Management team structure.
- Two meetings held with the Walvis Bay District COVID-19 Emergency Management Team. Support is being provided to the district to carry out the revision of their emergency response plan and resource mobilization.
- Plans are under way for integrated support visits to other regions (Zambezi, Kavango, Ohangwena, Omusati, Kunene, and Oshana region).

CASE MANAGEMENT:

- Out of the 46 cumulative confirmed cases, 19 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 27 active cases, 1 is still in ICU and is clinically stable. His clinical condition continues to improve.

INFECTION PREVENTION AND CONTROL:

- IPC activities are ongoing:
 - Distribution of PPE according to the Regional plans.
 - Monitoring of IPC in health facilities

LOGISTICS.

- Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.

POINTS OF ENTRY:

- Screening of incoming travellers and inspection of trucks at points of entry and check points are ongoing.
- Daily reporting on ground crossing transports at all designated Points of Entry ongoing

Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and destination regions on 19 June 2020

Destination	Country of departure						Total
	RSA	Zambia	Botswana	DRC	Angola	Zimbabwe	
Karas	65	0	0	0	5	0	70
Khomas	104	2	9	0	1	0	116
Omusati	1	0	0	0	0	0	1
Oshana	7	0	0	0	0	0	7
Otjozondjupa	10	0	7	0	4	0	21
Kavango	0	0	0	0	0	0	0
Ohangwena	2	0	0	0	0	0	2
Hardap	5	0	0	0	0	0	5
Kunene	0	0	0	0	0	0	0
Omaheke	3	0	0	0	0	0	3
Oshikoto	2	0	0	0	1	0	3
Zambezi	0	0	4	0	0	0	4
Erongo	9	35	6	7	2	1	60
Total	208	37	26	7	13	1	292

The majority **208 (71.2%)** of the truck drivers departed from South Africa to various regions. The largest number **116 (39.7%)** of truck drivers were headed to Khomas Region (Table 4).

RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:

- Street drive announcements of COVID-19 messages are being done in Walvis Bay district.
- The Communication Center continues to engage stakeholders on COVID-19 response.
- Distribution of IEC materials is ongoing.

PSYCHOSOCIAL SUPPORT SERVICES:

- Continous provision of health education, psychosocial support services to persons in need i.e;
 - Confirmed cases and their families
 - People in quarantine
 - Persons in need of shelter
 - Health Care Workers

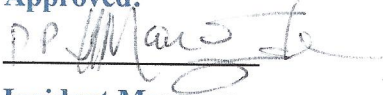
5. CHALLENGES:

- Inadequate isolation units at health facilities in the regions.
- Inadquate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.

6. RECOMMENDATIONS AND WAY FORWARD:

- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.

Approved:



Incident Manager

Date: 19 June 2020



Secretariat

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