



NAMIBIA COVID-19 SITUATION REPORT NO. 153			
Outbreak Name	COVID-19 outbreak	Country affected	Namibia
Date & Time of this report	18.08.2020 19:00 hrs	Investigation start Date	13 March 2020
Prepared by	Surveillance Team		

HIGHLIGHTS/SITUATION UPDATE (18/08/2020)

- The country has been reverted back to Stage 3 of the State of Emergency (12 August 2020-28 August 2020).
- Walvis Bay, Swakopmund and Arandis Local Authority areas in Erongo region are under travel restrictions.
- Windhoek, Okahandja and Rehoboth are all under travel restriction including a curfew (20h00-05h00).

Total	Today
Tested 41808	Tested 1045
Confirmed 4665	Confirmed 201
Active 2200	Active 2200
Recovered 2426	Recovered 19
Death 39	Death 2

Table 1: Distribution of confirmed COVID-19 cases by region, 18 August 2020

Region	Total No. of cases	Active cases	Recovered	Death	Health Care Workers
Erongo	3034	877	2135	22	38
Hardap	32	25	7	0	1
//Kharas	58	32	26	0	1
Kavango East	6	6	0	0	0
Kavango West	2	2	0	0	0
Khomas	1333	1094	224	15	92
Kunene	1	1	0	0	0
Ohangwena	15	2	13	0	0
Omaheke	20	17	2	1	0
Omusati	12	10	2	0	1
Oshana	64	55	8	1	4
Oshikoto	22	22	0	0	1
Otjozondjupa	53	49	4	0	1
Zambezi	13	8	5	0	3
Total	4665	2200	2426	39	147

- All fourteen (14) regions have reported confirmed cases; with Erongo reporting the highest **3034 (65.0%)** followed by Khomas **1333 (28.6%)**.

- Windhoek is now the epi-center of COVID-19 after Walvis Bay.
- Cases are picking up at a high speed in Oshana region. With an average of four cases daily.
- Two (2) fatalities were recorded today from Omaheke and Khomas region.
- Nineteen (19) recoveries have been recorded today (18/08/2020)
- To-date, **147** Health Care Workers have tested positive for COVID-19.
- Cumulatively, **4569 (97.9%)** cases are local transmissions while **86 (1.8%)** are imported.
- There is evidence of a clustered community transmission in Erongo and Khomas regions (Table 1)
- More male cases **2648 (56.8%)** were recorded compared to female cases **2017 (43.2%)**.

EPIDEMIOLOGICAL SITUATION IN NAMIBIA

Table 2: COVID-19 specimen recorded at the Laboratories as of 18 August 2020

VARIABLES	TOTAL
Total sample received by the Laboratory	41926
Total sample tested	38586
Total sample re-tested	3222
Total positive results	4665
Total negative results	33906
Total sample discarded	76
Invalid results	1
Total pending results	41
Indeterminant/Inconclusive	15
Suspected cases in 24 hours	1026

- To date, **41808** tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including **3222** re-tests).
- Since the beginning of the outbreak, **8488** contacts of confirmed cases have been identified, **537** new contacts were identified within the last 24 hours from 12 regions.
- Cumulatively, **3574** contacts have completed their monitoring period. While a total **428** of contacts have tested positive
- Today, **2098 (43.7%)** out of **4806** active contacts were monitored.

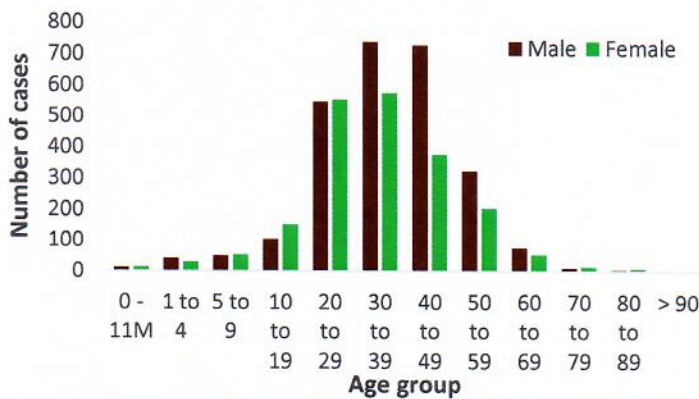


Figure 1: Age and sex distribution of COVID-19 confirmed cases As of 18 August 2020

- The 20-49 years age- brackets constitute **75.4%** of the confirmed cases, followed by a sizable proportion of the 50-59 age group (**11.2%**).
- Among those aged 30-39, a significant proportion of men (**15.8%**) are infected more than females (**12.3%**).
- The under 5 make up **97 (2.1%)** of the total cases.
- Aged 60 years and above constitute **169 (3.6%)** of the confirmed cases.

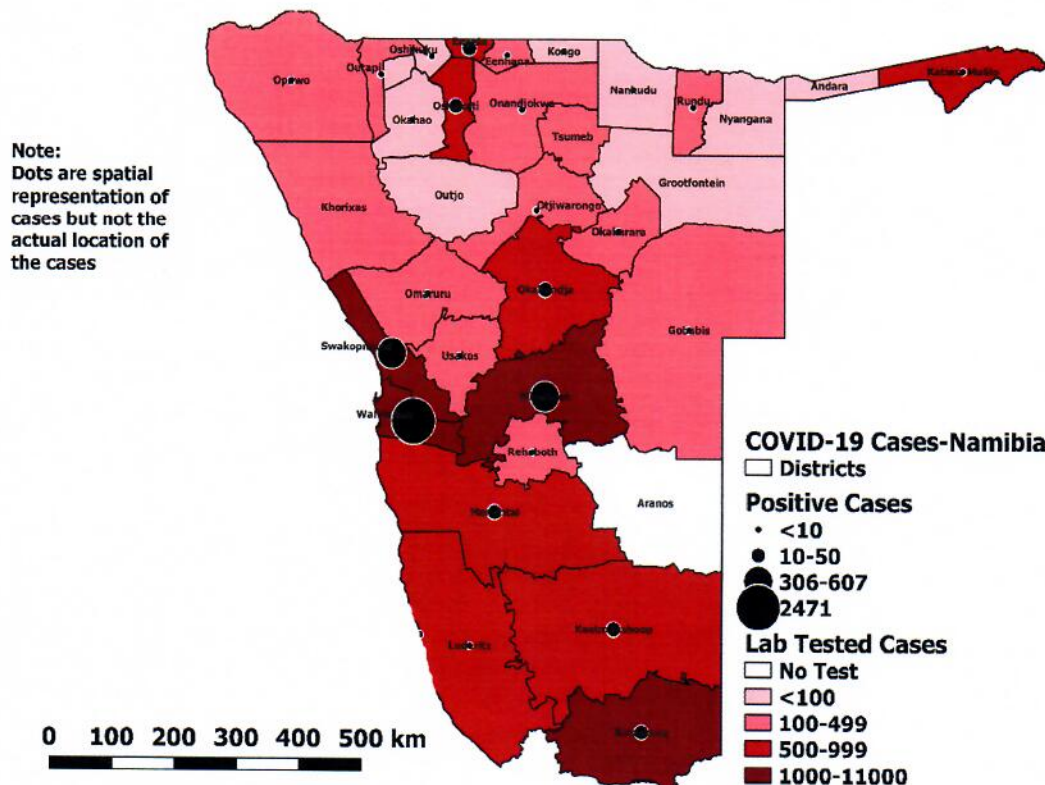


Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District 18 August 2020 Page 2 of 4

Namibia has recorded **4665** COVID-19 cases since 13 March 2020. Up to **1055 (22.6%)** of the total cases were recorded during week 33 (Figure 3).

- A high number of cases were recorded in the past six weeks as a result of:
 - Spread of local transmission in Walvis Bay district and Windhoek.
 - Enhanced Active Case Search and targeted testing daily from different districts
 - Enhanced surveillance including active case search in health facilities
- Call center continues operation for 24 hours daily. Today, **977** calls were answered including **36** alerts.

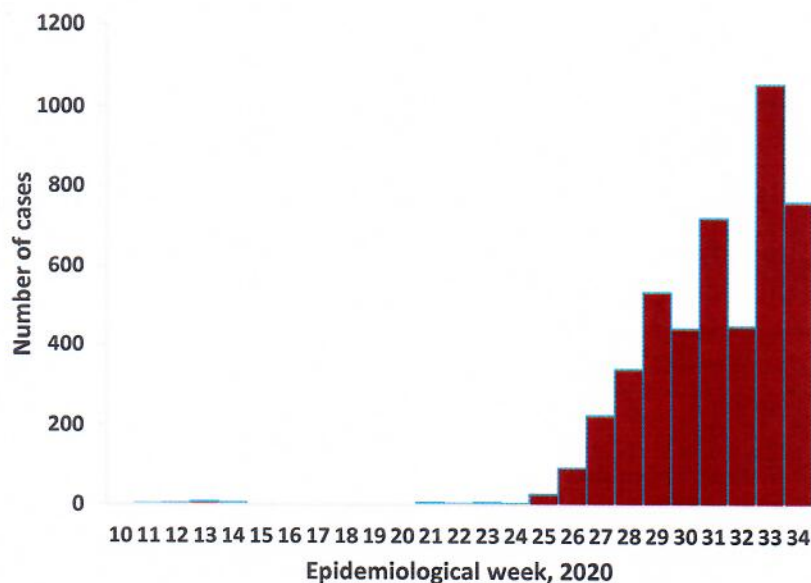


Figure3: Epi-curve for confirmed COVID-19 cases 18 August 2020

Table 3: Number of people in mandatory quarantine facilities, 18 August 2020

Region	Number in quarantine now	Newly quarantined 24 hours	Cumulative number	Number discharged
Erongo	601	0	1827	1226
Hardap	71	2	421	350
Kavango	70	10	271	201
Khomas	400	9	1857	1457
//Kharas	135	0	1029	894
Kunene	39	2	241	202
Ohangwena	19	7	397	378
Omaheke	48	85	462	414
Omusati	20	0	209	189
Oshana	40	19	210	170
Oshikoto	88	48	243	155
Otjozondjupa	20	15	574	554
Zambezi	62	0	642	580
Total	1613	197	8383	6770

- Since March 2020, **8383** people have been placed into supervised quarantine facilities around the country.
- A total of **1613** people are currently in quarantine with **197** new admissions in the past 24 hours.

- A total of **187** trucks entered the country through various ground crossing points in the last 24 hours.
- Of these trucks, **31.0%** were heading to //Kharas, **28.3%** to Khomas while **21.4%** were heading to Erongo region.

Table 4: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 17 August 2020

Destination	Country of departure						Total
	RSA	Eswatini	Botswana	Angola	DRC	Zambia	
//Kharas	58	0	0	0	0	0	58
Khomas	45	0	7	1	0	0	53
Omusati	1	0	0	0	0	0	1
Oshana	0	0	0	0	0	0	0
Otjozondjupa	11	0	10	0	0	2	23
Kavango	1	0	0	0	0	0	1
Ohangwena	2	0	0	1	0	0	3
Hardap	4	0	0	0	0	0	4
Kunene	0	0	0	0	0	0	0
Omaheke	2	0	0	0	0	0	2
Oshikoto	1	0	0	0	0	0	1
Zambezi	0	0	1	0	0	0	1
Erongo	12	0	7	0	0	21	40
Total	137	0	25	2	0	23	187

PUBLIC HEALTH ACTION

- Continuous support to the regions by the national level.
- Surveillance team assigned a coordinator for targeted testing in districts and regions to ensure sturdy flow of samples to the laboratories.
- Guidelines on COVID-19 exposure in public and work environment issued to the general public.
- Testing by UNAM (School of Medicine), NAMDEB and Oshakati NIP laboratories to enhance testing capacity.

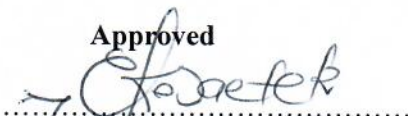
CHALLENGES

- Inability to adequately monitor contacts.
- Large data backlog - awaiting entry into excel data base and DHIS2.
- Inadequate medical officers, specialists and epidemiologists especially in the regions.
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances and isolation units, at health facilities in the regions.
- Inadequate PPE
- Backlog of specimens to be tested at NIP, overwhelming the laboratory and delaying turn-around time.

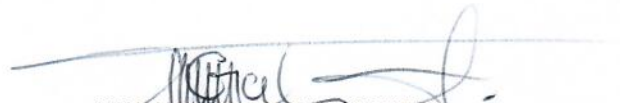
RECOMMENDATIONS

- Recruitment of local volunteers into the response in the districts and regions.
- Fast tracking of efforts to use GoData app and DHIS2.
- Other technical experts from other sectors need to join the healthcare sector in the response.
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- Strengthen close monitoring and coordination of the flow of the specimen from all districts.

Approved




Incident Manager
Date: 18 August 2020




Secretariat

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