

## Ministry of Health and Social Services Republic of Namibia



NAMIBIA COVID-19 SITUATION REPORT NO. 155							
Outbreak Name	COVID-19 outbreak	Country affected	Namibia				
Date & Time of this report	20.08.2020 20:00 hrs	Investigation start Date	13 March 2020				
Prepared by	Surveillar	The state of the s					

## HIGHLIGHTS/SITUATION UPDATE (20/08/2020)

- The country has been reverted back to Stage 3 of the State of Emergency (12 August 2020-28 August 2020).
- Walvis Bay, Swakopmund and Arandis Local Authority areas in Erongo region are under travel restrictions.
- Windhoek, Okahandja and Rehoboth are all under travel restriction including a curfew (20h00-05h00).

Total
Tested 44940
Confirmed 5227
Active 2728
Recovered 2447
Death 42

Today
Tested 1378
Confirmed 315
Active 2728
Recovered 15
Death 1

Table 1: Distribution of confirmed COVID-19 cases	by region, 20 August 2020
---	---------------------------

Region	Total No. of cases	Active cases	Recovered	Death	Health Care Workers
Erongo	3137	980	2135	22	43
Hardap	42	35	7	0	4
//Kharas	85	56	29	0	2
Kavango East	11	11	0	0	1
Kavango West	2	2	0	0	0
Khomas	1705	1435	252	18	108
Kunene	1	1	0	0	0
Ohangwena	21	8	13	0	0
Omaheke	22	19	2	1	0
Omusati	13	11	2	0	2
Oshana	79	70	8	1	
Oshikoto	30	30	0	0	4
Otjozondjupa	61	57	4	0	2
Zambezi	18	13	5	0	1
Total	5227	2728	2457	42	3 170

All fourteen (14) regions have reported confirmed cases; with Erongo reporting the highest 3137 (60.0%) followed by Khomas 1705 (32.6%).

- Windhoek is now the epi-center of COVID-19 after Walvis Bay.
- Cases are picking up at a high speed in Oshana region. With an average of four cases daily.
- One (1) fatality was recorded today from Khomas region.
- Fifteen (15) recoveries have been recorded from Khomas region today (20/08/2020)
- To-date, **170** Health Care Workers have tested positive for COVID-19.
- Cumulatively, 5141 (98.4%) cases are local transmissions while 86 (1.6) are imported.
- There is evidence of a clustered community transmission in Erongo and Khomas regions (Table 1)
- More male cases 2997 (57.3%) were recorded compared to female cases 2230 (42.7%).

# EPIDEMIOLOGICAL SITUATION IN NAMIBIA

Table 2: COVID-19 specimen recorded at the Laboratories as of 20 August 2020

VARIABLES	TOTAL
Total sample received by the Laboratory	45058
Total sample tested	41653
Total sample re-tested	3287
Total positive results	5227
Total negative results	36407
Total sample discarded	76
Invalid results	1
Total pending results	41
Indeterminant/Inconclusive	19
Suspected cases in 24 hours (excludes re-tests)	1343

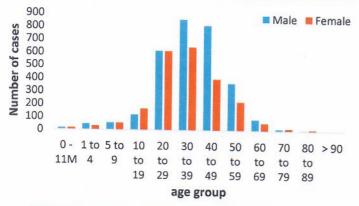


Figure 1: Age and sex distribution of COVID-19 confirmed cases
As of 20 August 2020

- To date, **44940** tests have been conducted by NIP, Path-Care, NAMDEB, and UNAM laboratories (including **3287** re-tests).
- Since the beginning of the outbreak, 9582 contacts of confirmed cases have been identified, 566 new contacts were identified within the last 24 hours from 12 regions.
- Cumulatively, 3904 contacts have completed their monitoring period. While a total 466 of contacts have tested positive
- Today, 2390 (42.9%) out of 5570 active contacts were monitored.
- The 20-49 years age- brackets constitute **75.3%** of the confirmed cases, followed by a sizable proportion of the 50-59 age group (11.3%).
- Among those aged 30-39, a significant proportion of males (16.4%) are infected more than females (12.4%).
- The under 5 make up 108 (2.1%) of the total cases.
- Aged 60 years and above constitute 195 (3.7%) of the confirmed cases.

Page 2 of 4

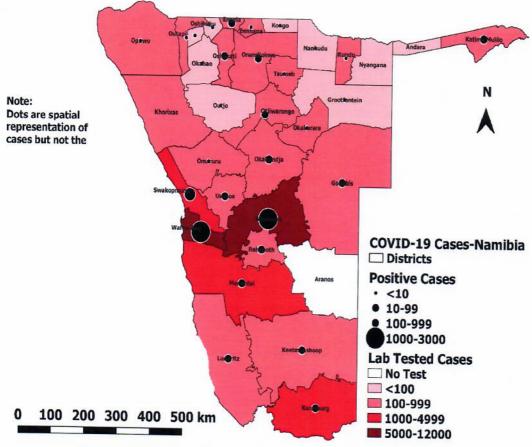


Figure 2: Distribution of suspected and confirmed COVID-19 cases in Namibia by District 20 August 2020

Namibia has recorded **5227** COVID-19 cases since 13 March 2020. Up to **1320** (**25.2%**) of the total cases were recorded during week 34 (Figure 3).

- A high number of cases were recorded in the past six weeks as a result of:
  - -Spread of local transmission in Walvis Bay district and Windhoek.
  - -Enhanced Active Case Search and targeted testing daily from different districts
  - -Enhanced surveillance including active case search in health facilities
- Call center continues operation for 24 hours daily. Today, 913 calls were answered including 29 alerts.

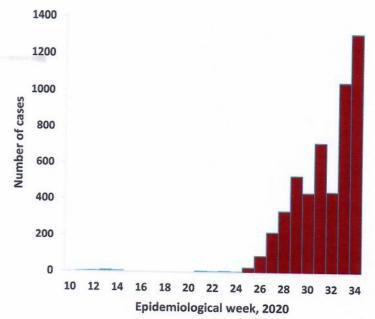


Figure 3: Epi-curve for confirmed COVID-19 cases 20 August 2020

Table 3: Number of people in mandatory quarantine facilities, 20 August 2020

Region	Number in quarantine now	Newly quarantined 24 hours	Cumulative number	Number discharged	Truck Drivers (24 Hours)	
Erongo	143	1	1965	1822	46	
Hardap	77	0	427	350	0	
Kavango	22	0	271	249	0	
Khomas	Thomas 346 1		1863	1517	0	
//Kharas	157 0		1229 1072		0	
Kunene	40	0	242	202	0	
Ohangwena	31	3	416	385	0	
Omaheke	48	0	462	414	0	
Omusati	18	0	209	191		
Oshana	35	0	217	182	0	
Oshikoto	105	20	263		0	
Otjozondjupa	54	0	630	158	1	
Zambezi	73	15	663	576	0	
Total	1149	40	8857	590 7708	47	

Destination

- Since March 2020, 8857 people have been placed into supervised quarantine facilities around the country.
- A total of 1149 people are currently in quarantine with 40 new admissions in the past 24 hours.

Table 4: Distribution of truck drivers coming into Namibia from neighbouring countries and destination regions on 20 August 2020

-	A total of 229 trucks entered the							
	country t							
	crossing	points	in	the	last	24		
	hours.							

Of these trucks, 38.4% were heading to Khomas, 24.0% to Erongo while 22.7% were heading to //Kharas region.

	RSA	Botswana	Angola	DRC	Eswatini	Zambia	Total
//Kharas	52	0	0	0	0	0	52
Khomas	82	4	2	0	0	0	88
Omusati	0	0	0	0	0	0	
Oshana	3	0	0	0	0	0	0
Otjozondjupa	5	5	1	0	0	2	3
Kavango	0	1	0	0	0	0	13
Ohangwena	4	0	3	0	0		7
Hardap	2	0	0	0	0	0	/
Kunene	1	0	0	0	0	0	2
Omaheke	1	0	0	0	0	0	1
Oshikoto	1	0	1	0	0	0	1
Zambezi	2	1	0	0	0	0	2
Erongo	9	10	4	0	1	2.1	4
Total	162	21	11	0	1	31 34	55 229

### PUBLIC HEALTH ACTION

- Recruitment of local volunteers into the response in the districts and regions is ongoing.
- Continuous support to the regions by the national level.
- > Surveillance team assigned a coordinator for targeted testing in districts and regions to ensure sturdy flow of samples to the laboratories.
- Guidelines on COVID-19 exposure in public and work environment issued to the general public.
- Testing by UNAM (School of Medicine), NAMDEB and Oshakati NIP laboratories to enhance testing capacity.

#### CHALLENGES

- Inadequate phones for contact monitoring.
- Large data backlog awaiting entry into excel data base and DHIS2
- Inadequate medical officers, specialists and epidemiologists especially in the regions.
- Inadequate ICU facilities and ICU equipment at referral hospitals and high care units in the districts.
- Inadequate ambulances and isolation units, at health facilities in the regions.
- Inadequate PPEs
- Backlog of specimens to be tested at NIP, overwhelming the laboratory and delaying turnaround time.

### RECOMMENDATIONS

- Fast tracking of efforts to use GoData app and DHIS2.
- Other technical experts from other sectors need to join the healthcare sector in the response.
- Provision of fully equipped ICU facilities at referral hospitals and high care units in the districts.
- > Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- Strengthen close monitoring and coordination of the flow of the specimen from all districts.

Approved

Incident Manager Date: 20 August 2020

Secretariat

For enquiries, please contact Namibia Public Health Emergency Operations Centre;



PHEOC@mhss.gov.na



0800 100 100



0851 100 100